



Liz Sarkodie

Integrative Counsellor
Adv.Dip.Couns,Psych, MBACP
(Undertaking post graduate course in
Psychotherapy)

Supporting Young People and Adults

As an integrative counsellor I draw upon a variety of counselling theories such as Person Centred, CBT, TA and Gestalt to support clients with varying issues such as depression, anxiety, trauma, relationship issues, sexual and domestic abuse, bereavement and baby loss.

For further information - in person or online counselling
[Liz Sarkodie, Counsellor, Purley, CR8 | PsychologyToday](#)
please contact Lizsarkodiecounselling@hotmail.com

